

Report to:	Health and Wellbeing Board
Relevant Officer:	Helen Lammond- Smith, Head of Commissioning, Blackpool Clinical Commissioning Group
Relevant Cabinet Member	Councillor Graham Cain, Cabinet Secretary- Resilient Communities
Date of Meeting:	2 nd March 2016

MENTAL HEALTH SERVICES PRESENTATION

1.0 Purpose of the report:

- 1.1 To inform the Health and Wellbeing Board of local Mental Health Services and activity undertaken within the area to allow a thematic discussion to take place on the topic.

2.0 Recommendation(s):

- 2.1 To note the contents of this report and identify any further information and actions required, where relevant.

3.0 Reasons for recommendation(s):

- 3.1 To allow the Board to explore the issue of mental health services and discuss future further joint working.

- 3.2a Is the recommendation contrary to a plan or strategy adopted or approved by the Council? No

- 3.2b Is the recommendation in accordance with the Council's approved budget? Yes

- 3.3 Other alternative options to be considered:

None

4.0 Council Priority:

4.1 The relevant Council Priority is:

“Communities: Creating stronger communities and increasing resilience”

5.0 Background Information

5.1 The Health and Wellbeing Board has previously requested a joint presentation from Blackpool Clinical Commissioning Group and partners on the key challenges and priorities for mental health and how these are being met.

A report was requested as a starting point for the discussion, to cover:

- setting the scene,
- key challenges,
- what partners are doing
- what are the priorities
- how partners are meeting the priorities for services and partners

5.2 Setting the Scene

Mental Health Services in Blackpool are delivered primarily by Lancashire Care NHS Foundation Trust (LCFT), Blackpool Teaching Hospitals NHS Foundation Trust (BTH) and Blackpool Council with support from a range of third sector partners.

In Blackpool, the Single Point of Access, Primary Mental Health Services (including Increasing Access for Psychological Therapies - IAPT) Child and Adolescent Mental Health Services (CAMHS) and Recovery Team are provided by Blackpool Teaching Hospitals in partnership with Blackpool Council. These services are commissioned by Blackpool Clinical Commissioning Group.

Lancashire Care provides Secondary Mental Health Services for Adults and Older Adults as well as Children’s Psychological Services.

In addition to Community Mental Health services, Lancashire Care manages the provision of a purpose built inpatient unit, The Harbour. In total there are 154 beds at the Harbour, which is a little over 50% of the total adult inpatient capacity for Lancashire Care Foundation Trust across the county with the other units being based in Lancaster, Ormskirk, Blackburn and Burnley.

5.3 **Key Challenges**

Mental health problems are amongst the most common forms of ill health and they can affect any one of us, at any point in our lives.

Blackpool has the fifth highest rate for all mental health conditions in the country.

Blackpool has a higher rate of people claiming sickness benefit due to mental health problems – not only in the North West but England as a whole.

5.4 **What partners are doing**

The Harbour, Lancashire's largest Mental Health Inpatient Unit was opened in March 2015, as part of a long term strategic plan to develop a network of specialist inpatient mental health beds supporting the overall provision of Mental Health Services across Lancashire. The Unit provides care for patients and service users not just from Blackpool and the Fylde Coast but other parts of Lancashire too.

The Harbour contains 10 wards – 4 Acute (Functional) Mental Health wards, 2 Psychiatric Intensive Care wards (PICU), 2 Advanced Care wards, and 2 for patients with Dementia. Currently, the Female Psychiatric Intensive Care wards at the Harbour, Byron Ward, has recently reopened. An intensive training programme has been undertaken successfully across both Psychiatric Intensive Care wards to ensure staff are equipped to provide appropriate care for those people with complex mental health problems.

The inpatient service is managed on a county wide basis, and while every effort is made to admit patients to a bed close to home, the primary focus is to admit to a clinically appropriate facility within Lancashire.

When demand exceeds supply inpatients are placed with private providers, many in Lancashire and more across the North West. In exceptional circumstances people may be placed some distance from home but in these cases, repatriation is a priority when a local bed becomes available.

Lancashire Care Foundation Trust has been working with commissioners to develop other services to reduce the reliance on inpatient beds and these will be coming on stream in phases over the next 4 months. Already, commissioners have funded additional Psychiatric Intensive Care wards capacity in Ormskirk which was opened in late September and has already benefited patients.

Blackpool Clinical Commissioning Group has a waiting list initiative in place to reduce waiting times for IAPT; Blackpool Teaching Hospital is aiming to meet the targets by April 2016. The targets are 75% of people to be seen within 6 weeks of referral and 95% of people seen within 18 weeks of referral. Blackpool Teaching Hospital is reporting that as of January 2016, 80% of patients have been seen within 6 weeks and 98% seen within 18 weeks.

A Blackpool mental health alliance board has been established, at which Blackpool Teaching Hospital Trust, Lancashire Care Foundation Trust and the council are represented at a senior level monthly meeting chaired by the Blackpool Clinical Commissioning Group Chief Operating Officer. The board considered this report and a formal joint response was submitted to Healthwatch from Blackpool Council and Blackpool Clinical Commissioning Group. This group is overseeing the redesign of the community mental health services in Blackpool; this aims to move away from a stepped model of care to reduce hand offs of patients and alignment of new teams across GP neighbourhoods. Multiple teams will become an Assessment and Treatment Team (7 days a week crisis response and short term follow up) and Community Mental Health Teams (5 days a week, aligned to neighbourhoods for complex mental health presentations).

Several new initiatives are being piloted in Blackpool, for example the police and a mental health nurse on duty undertaking street triage. This is aimed at reducing crisis issues and resolving things quickly rather than conveying to a busy Accident and Emergency department which is not always the right environment for people when they are distressed by life events.

5.5 The Priorities and how partners are meeting them

Patients are taken by ambulance from The Harbour to Blackpool Victoria Hospital's Accident and Emergency Department. Lancashire Care and Blackpool Teaching Hospitals work closely together to reduce the impact this has.

A significant risk for Blackpool Victoria Hospital is Mental Health patients presenting at Accident and Emergency.

Facilities to reduce admissions, two 15 bedded Assessment Wards and a six space Clinical Decision Unit, and support for earlier discharge in the form of step-down accommodation, are now under development, with phased implementation from December onwards. This will increase the number of inpatient beds available from 297 to 327.

These are located in East Lancashire due to the availability of existing estate but will have the effect of relieving some of the pressure on The Harbour.

5.6 Does the information submitted include any exempt information? No

5.7 **List of Appendices:**

Appendix 7a: Presentation on Mental Health Issues

6.0 **Legal considerations:**

6.1 None

7.0 **Human Resources considerations:**

7.1 Contained within the body of the report.

8.0 **Equalities considerations:**

8.1 There are no equalities issues.

9.0 **Financial considerations:**

9.1 Continued use of bank and agency nurses is not the most economic solution, but as recruitment improves, this cost will reduce.

9.2 Having patients cared for in the Private Sector is a significant cost pressure, and one which is considered closely with Commissioners. The two facilities to reduce admissions will help to reduce this cost pressure.

10.0 **Risk management considerations:**

10.1 Staffing and financial risks are actively managed by Lancashire Care, Blackpool Teaching Hospitals, Blackpool Clinical Commissioning Group and Blackburn with Darwen Clinical Commissioning Group.

11.0 **Ethical considerations:**

11.1 None.

12.0 Internal/ External Consultation undertaken:

- 12.1 Extensive public consultation has been conducted as Mental Health Services have been developed to the current model. In addition, there is ongoing communication at an executive level with Commissioners, service users and their carers and other stakeholders.

13.0 Background papers:

- 13.1 None.